

# Year 7 Personal Development 2021

At West Kirby Grammar School, we aim to not only provide our students with excellent opportunities to excel academically but also grow as young people. Year 7 will have weekly lessons in which they will cover PSHE topics and complete several personal development projects.

The PSHE topics covered are:

- Being me in my world
- Celebrating difference
- Dreams and goals
- Healthy me
- Relationships
- Changing me

The personal development projects will be a mix of individual and group projects encouraging students to think about our school values and British values as they not only research, produce and present their project but also reflect on the process.

In our setting we use Thrive Online to support our social and emotional curriculum. At times this is used to develop action plans for individual students. This ensures that the adults working with them understand their individual needs and can meet these most effectively. Thrive supports our staff to help young people develop a positive reflective practice that embeds a whole school approach to mental health and wellbeing.

