West Kirby Grammar School

Curriculum Map – Year 7 – Personal Development

**Students will be working on VAAs in all areas of the curriculum, but in Personal Development lessons we will be focusing on specific VAAs when discussing different topics.

Topic Name	Term	Prior Knowledge *From Primary School*	We will learn more about…	VAAs we will focus on in this topic**	SMSC & British Values	Next link in curriculum
Being me in my world and Relationships (part 1)	Autumn	Understanding own behaviour Transition to Secondary School Democracy Being safe with technology	Welcoming others – Personal Development Project 1 Friendship – differences and being unique Recognise that identity is affected by a range of factors Understand everyone is a unique individual Understand how peer pressure operates within groups Understand how to achieve an appropriate level of independence from others while maintaining positive relationships with them Online safety Recognise how they are presented online Understand how online identity can affect what others think and feel about an individual Understand what can influence online behaviour and consequences	Collaborative, Concerned for society, Enquiring, Confident Concerned for society, Confident, Open-minded Risk-taking	Depending on project different SMSC and British Values will be demonstrated Social, Moral, Spiritual, Cultural Individual Liberty, Mutual Respect Social, Moral, Cultural Rule of Law, Individual Liberty, Mutual Respect	Year 8 – Being me in my world
Dreams and Goals	Autumn / Spring	Concern for the world Steps to success Learning strengths Making a difference	Identifying goals Can Identify dreams and goals and recognise that these may change over time Celebrating success Understand the importance of setting goals and challenges and be able to set criteria for success and celebrate successes Importance of choices Understand how responsible and irresponsible choices can impact on dreams and goals	Enquiring Enquiring, Confident Risk-taking	Social Individual Liberty Social Individual Liberty Social, Moral, Cultural	Year 8 – Dreams and Goals

			Unifrog introduction	Enquiring	Rule of Law, Individual Liberty, Mutual Respect	
Celebrating Differences	Spring	Bullying Different perceptions about normal	Personal Discovery – Personal Development Project 2 Prejudice and Discrimination Understand what prejudice and discrimination are Understand what bystanders are and their impact on certain situations Be aware of the Equality Act and how it protects against prejudice and discrimination Understand how to challenge prejudice and discrimination assertively Challenging negative behaviour Can challenge own and others' attitudes and values, and accept difference in others Can see the world from other people's points of view	Enquiring, Creative & Enterprising, Open-Minded, Risk-taking, Confident, Perseverance Concerned for society, Open-minded Concerned for society, Open-minded, Confident,	Depending on project different SMSC and British Values will be demonstrated Social, Moral, Cultural Rule of Law, Individual Liberty, Mutual Respect, Tolerance of those of different faiths and beliefs Social, Moral, Cultural Rule of Law, Individual Liberty, Mutual Respect	Year 8 – Celebrating Differences
Healthy Me	Summer	Healthy diet Managing stress Alcohol Basic emergency aid	Healthy lifestyle choices Understand the positive impact of healthy lifestyle choices such as good nutrition, exercise and sleep on body and mind Understand why everyone needs to take responsibility for their health	Perseverance, Risk-taking	Social Individual Liberty, Mutual Respect	Year 8 – Healthy Me

			Healthy choices on substances Understand different substances and the effects they have on the body and why some people use them Recognise ways to feel good and have fun in ways that are not damaging to myself and others	Risk-taking	Social, Moral, Cultural Rule of Law, Individual Liberty, Mutual Respect	
Changing Me	Summer	Self and body image Puberty	Changing Body Understand the changes that happen during puberty Understand that practices such as female genital mutilation and breast ironing are forms of abuse Know where to access help if worried or concerned about puberty or abuse Can express feelings about the changes that happen during puberty, and understand that people develop at different rates	Open-minded	Social, Moral, Cultural Rule of Law, Individual Liberty, Mutual Respect	
			Image and Self-Esteem Understand that the media can have a positive or negative impact on a person's self-esteem or body image Know where to go for help if concerned about body image or self-esteem Understand how self-image is linked to self-esteem Know and be able to apply some strategies to build self-esteem	Concerned for society	Social, Moral, Cultural Democracy, Rule of Law, Individual Liberty	Year 8 – Changing Me
			Changing Feelings Understand some of the changes in the brain during puberty Understand some of the emotional changes during puberty Know where to access support concerned about adolescence	Open-minded	Social, Spiritual Individual Liberty	

			Understand some ways to support myself and others during times of change			
Relationships (part 2)	Summer	Love and Loss Power and Control	Healthy and supportive relationships Understand characteristics and benefits of positive, strong, supportive, relationships Understand what expectations might be of having a romantic/attraction relationship Understand what is meant by consent Can identify the supportive relationships in life and understand that relationships change Understand /recognise the characteristics of some of the supportive relationships in life	Concerned for society, Confident	Social, Moral Democracy, Rule of Law, Individual Liberty, Mutual Respect	Year 8 – Relationships
			Getting on and falling out Understand why people sometimes fall out and understand some ways to manage conflict within friendship groups	Concerned for society, Confident	Social Individual Liberty, Mutual Respect, Tolerance of those of different faiths and beliefs	
			Assertiveness in relationships Can recognise when to use assertiveness in relationships Understand the personal and legal consequences of sexting Can suggest skills which will keep relationships happy and healthy	Concerned for society, Confident	Social, Moral, Cultural Democracy, Rule of Law, Individual Liberty, Mutual Respect, Tolerance of those of different faiths and beliefs	