



**West Kirby**  
Grammar School

# PSHE Policy

**Approved by:** Quality of Education

**Last reviewed on:** Summer 2023

**Next review due by:** Summer 2025

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### 1. Aims

The aims of personal, social, health and economic (PSHE) education in our school are to:

- develop students' thinking skills to allow them to make informed decisions
- develop responsible attitudes in order to allow students to become confident, active citizens
- to encourage the skills needed to develop positive relationships with others
- to encourage understanding and respect for others
- to develop an understanding in students of the world around them
- to prepare students for adult life in a democratic society

### 2. Statutory requirements

PSHE is a non-statutory subject. However, there are aspects of it we are required to teach.

- We must teach relationships and sex education (RSE) under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#)
- We must teach health education under the same statutory guidance

### 3. Content and delivery

#### 3.1 What we teach

As stated above, we are required to cover the content for relationships and sex education, and health education, as set out in the statutory guidance (linked to above).

Refer to our Relationships and Sex Education Policy for details of our RSE provision.

Health Education is part of the Personal Development programme and covered in healthy me and changing me



(include Years 12 & 13?)

Key Theme	Year 7	Year 8	Year 9	Year 10	Year 11
Mental wellbeing	√	√	√	√	√
Internet safety and harms	√	√	√	√	√
Physical health and Fitness	√	√	√	√	√
Healthy eating				√	
Drugs, Alcohol, tobacco	√	√	√	√	√
Health and Prevention	√	√	√	√	√
Basic First Aid	√		√		√
Changing Adolescent Body	√		√	√	

### 3.2 How we teach it

In Year 7, PSHE is taught as part of weekly personal development lessons . In Year 8, one lesson per fortnight is devoted to personal development, as a timetabled lesson.. In Year 9, students receive one lesson per week. In Year 10, students receive 3 lessons per fortnight. In Year 11, personal development is timetabled once per week; this session is also partly given to study time at key points in the year. Careers education and citizenship are also covered though the PSHE curriculum. Assemblies are often used to highlight themes which are relevant to the PSHE curriculum, and often focus on British values and the values of the school.

The PSHE course is taught by designated members of staff in Years 7-11. In Years 12 and 13 Personal Development days are covered by various members of staff. Outside agencies, including Brook, are also used to deliver aspects of the subject.

The PSHE curriculum is based around the Jigsaw course in Years 7 -11. The course follows a standard approach to the delivery of PSHE and focuses around key themes in each year:

**Being me in my world**

**Celebrating difference**

**Dreams and goals**

**Healthy me**

**Relationships**

**Changing me**

The Jigsaw curriculum is supplemented with other materials, including Drugs and Alcohol Education. The RSE curriculum is outlined in the RSE Policy.

## 4. Roles and responsibilities

### 4.1 The governing body

The governing board will approve the PSHE policy and hold the headteacher to account for its implementation.

## **4.2 The headteacher**

The headteacher is responsible for ensuring that PSHE is taught consistently across the school.

## **4.3 Staff**

The following have responsibility for the delivery of PSHE:

Miss G Ellis – Assistant Headteacher – Personal Development

Mrs J Richards – PSHE Co-ordinator

Teaching staff are responsible for:

- Delivering PSHE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual students

## **4.4 Students**

Students are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

## **5. Monitoring arrangements**

The delivery of PSHE is monitored by Mrs J Richards via evaluation, including student and staff voice:

This policy will be reviewed by Miss G Ellis and Mrs J Richards annually. At every review, the policy will be approved by the governing body.

## **6. Links with other policies**

This policy links to the following policies and procedures:

RSE Policy

Safeguarding Policy

Educating students on the subjects of SRE and PSHE plays a crucial role in safeguarding them. This policy works in conjunction with our Safeguarding Policy to ensure students are educated on the ways in which they can be kept safe and protect themselves.