



AG12AT

November 2024

Dear Parent/Carer

**ESAA CROSS COUNTRY CUP – National Finals, Leeds - The Grammar School at Leeds
Saturday 7 December 2024**

First of all, congratulations to all of the athletes on qualifying for the National Finals. This is a fantastic achievement. The arrangements for the trip are outlined below.

We will travel to Leeds by coach, which we will share with the other schools from the Wirral (Upton Hall, Wirral Girls and St. Anselm's College). There will be one central pick-up and drop off point at Upton Hall School at 7:45am.

Your child/ward will be required to wear correct school PE kit: navy blue school shorts (or plain black running shorts), navy blue tracksuit bottoms and hooded sweatshirt. They will be given a school running vest to wear for the competition. They will also require plenty of warm, waterproof clothing to wear before and after their race. The course will be suitable for running spikes. It is also advisable that the students bring a pair of wellies, walking boots or old trainers to walk the course as well as a change of clothing to travel home. They should also bring plenty of food and drink for the day.

We anticipate leaving the venue at approximately 3:30pm. Once we are on the way home, we will contact you with a more accurate estimated arrival time.

The organising school has asked us to let parents/carers know that there is ample spectator parking on site at a charge of £5 per vehicle which includes a programme. For safety reasons, you are asked not to park in the residential streets adjacent to the school campus. Additionally, dogs will not be permitted at this event. The order of races will be:

12:15pm	Race 1: Junior Girls - 2440m
12:35pm	Race 2: Junior Boys - 2440m
12:55pm	Race 3: Inter Girls - 2880m
1:20pm	Race 4: Inter Boys -4090m
1:45pm	Race 5: Senior Girls – 3230m
2:10pm	Race 6: Senior Boys - 5230m
2:55pm	All Presentations – in the Sports Hall

Please complete the reply slip below indicating that you give permission for your child/ward to take part in this competition. If you have any questions, please do not hesitate to contact me at school.

Yours sincerely

Mrs A Goodall
Head of Physical Education

The school has a blanket School Journey Insurance policy in place to provide appropriate cancellation, curtailment, medical and personal possessions cover. This policy also carries very limited personal accident insurance cover for pupils. As the school will not be liable for any injury arising from incidents beyond our direct control, parents/carers may wish to consider purchasing their own personal accident cover to enhance the limited protection of this policy.



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Student name: **Form:**

I give permission for child/ward to take part in the above event and I will make arrangements to collect them from Upton Hall School on their return.

I confirm that the medical information and contact details provided are correct. These can be checked/updated via your Arbor app.

Parent/Carer Signature: **Date:**