



FP01.1AT

June 2024

Dear Parent/Carer

**Year 7 Residential Visit to PGL – Newby Wiske Hall, North Yorkshire  
Wednesday 3 July to Friday 5 July**

We are looking forward to our residential trip to PGL in July and are now starting to put together the details of our visit. In order to help with your preparations, I have attached a kit list.

We will be leaving Newby Wiske Hall to return to West Kirby at 1:30pm on Friday 5 July so we would expect to be back at school at approximately 4.30pm.

Thank you for completing and returning the consent and medical forms. Please ensure all medication is put in a clear plastic bag, clearly labelled and with instructions, and handed into WKGS staff on the day of the trip. If your child/ward needs an inhaler/epi-pen, they will need to have one with them at all times as well as handing in a named spare.

The activities that we will be allocated are yet to be confirmed by the camp, however they are likely to include canoeing, giant swing, abseiling and team building activities. It is strongly advised that the students bring a variety of suitable clothing for outdoor activities.

PGL is a no phone zone and as such students should not bring their phones on the trip. This is to ensure participation without distraction and to help students successfully develop lasting relationships across the year group. Students bringing any other electronic items or cameras do so at their own risk as students' rooms do not lock.

We will carry a mobile phone for parents/carers to use as an emergency contact only – the number for this is: 07719 907925.

There will be an opportunity to visit the onsite tuckshop if students wish to bring a small amount of money in coins; this will be kept by them and be their own responsibility.

Students will be made aware of the high expectations on the trip, where they are expected to be on their best behaviour. Our trip gives students the opportunities to demonstrate resilience and teamwork and we look forward to them working together and forging new friendships. All of the activities are thoroughly risk assessed and lead by qualified instructors.

If you have any questions at this point about any aspects of the arrangements, please email [fpreeedy@wkgs.net](mailto:fpreeedy@wkgs.net).

Yours sincerely

F Preedy

**Miss F Preedy**  
**Head of Year 7**

The school has a blanket School Journey Insurance policy in place to provide appropriate cancellation, curtailment, medical and personal possessions cover. This policy also carries very limited personal accident insurance cover for pupils. As the school will not be liable for any injury arising from incidents beyond our direct control, parents/carers may wish to consider purchasing their own personal accident cover to enhance the limited protection of this policy.



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**PGL Kit List**

**CLOTHING**

One or two sets of clothes for the evening  
Suitable nightwear  
Underwear & socks  
Trousers or leggings but not jeans as they get heavy and cold when wet  
Fleeces/jumpers  
Long sleeved shirt/T-shirts (long sleeved items are required for some activities)  
T-shirts tops & jacket  
Cagoul or coat in case of wet weather

**FOOTWEAR**

One pair of trainers for activities  
One old pair of trainers for water sports  
One pair of dry shoes for evening activities

**OTHER ITEMS**

One towel for showering  
One old towel for activities  
Reusable drinks bottle  
Small rucksack/bag  
Labelled bin bag for wet and dirty clothing  
Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)  
Sleeping bag and pillow and pillow case  
Hat  
Suncream  
Sunglasses