



KK02AT

September 2026

Dear Parent/Carer

Relationship and Sex Education (RSE) and Health Education – Year 7

As you may be aware, Relationship and Sex Education (RSE) and Health Education became a compulsory part of the National Curriculum from September 2020. All students are currently taught Personal, Social, Health and Economic (PSHE) within their regular timetable, which aims to promote personal wellbeing and development and equip them with the knowledge, understanding and skills to live healthy, safe, and successful lives, both now and in the future.

In addition to their regular PSHE lessons, we are offering all students in Year 7 discrete sex education sessions, delivered by our specialist provider Talk the Talk. These will take place, this half term outside of the regular timetable. Each student will attend three sessions throughout the term in their form group.

Sessions for Year 7 students will focus on the transition to high school from a social aspect, friendships, social media, body image, healthy relationships, puberty, periods and body changes and an introduction to sex and consent. These will all be underpinned with the golden thread of building self-esteem, confidence and resilience.

During the sessions, students will be able to ask questions, which will be answered factually and, in an age-appropriate manner. Each student's privacy will be respected, and no one will be asked to reveal personal information. The support, advice and guidance Talk the Talk offer students is outstanding and they establish an excellent rapport with young people, ensuring a safe and comfortable environment for all students to learn.

As parents and carers, you maintain the right to withdraw your child from the sex education sessions, although as a school we would advise that it is important education for the personal development of young people. We believe that the presentation of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many students will discuss such issues with each other outside of the classroom – so, rather than hear about the content second-hand, we hope all young people will have the opportunity to take part in these sessions.

If you do wish to withdraw your child from these sessions, you can do so by completing the attached form and emailing to kimber@wkgs.net

Please note that you only need to submit a response if your child is in Year 7 and you want to request for them to be withdrawn from these sessions. If you are happy for them to attend the sessions, you do not need to fill in the form.

Parents are the most important educators of young people in personal issues and many welcome the support that school can offer to supplement their home teaching. Please do not hesitate to contact me at school if you have any queries or concerns.

Yours sincerely,

Mrs K Kimber
Assistant Headteacher





Appendix 2: Parent form: withdrawal from sex education within RSHE

TO BE COMPLETED BY PARENTS			
Name of child		Class	
Date of birth			
Name of parent		Date	
Reason for withdrawing from sex education within relationships and sex education			
Any other information you would like the school to consider			
Parent signature			

TO BE COMPLETED BY THE SCHOOL	
Agreed actions from discussion with parents	