



KK02AT

September 2026

Dear Parent/Carer

Relationship and Sex Education (RSE) and Health Education – Year 12

As you may be aware, Relationships and Sex Education (RSE) and Health Education are compulsory parts of the National Curriculum. All students are currently taught Personal, Social, Health and Economic (PSHE) education within their regular timetable, which aims to promote personal wellbeing and development, and equip them with the knowledge, understanding and skills to live healthy, safe, and successful lives, both now and in the future.

In addition to their regular PSHE lessons (Skills for Life), we are offering all students in Year 12 discrete sex education sessions, delivered by our specialist provider Talk the Talk. These will take place this term, outside of the regular timetable.

To support open discussion, sessions will be single-sex. If a student feels that this arrangement may not be the best fit for them, they can speak in confidence to their form teacher to explore alternative arrangements.

The Year 12 sessions will build on prior learning about relationships, consent, and sexual health, and explore topics in greater depth including healthy relationships, sexual wellbeing, the law, sexual ethics, and navigating modern influences such as social media and pornography. All content is underpinned by the development of self-esteem, confidence and resilience.

Students will be able to ask questions, which will be answered factually and, in an age-appropriate manner. Each student's privacy will be respected, and no one will be asked to share personal information. Our Talk the Talk providers are highly skilled in creating a safe and comfortable learning environment.

If your child is 16 or over, the decision to take part in the sex education elements of RSE is theirs. Students may withdraw themselves from these elements (but not from relationships or health education) by speaking directly to their form teacher.

Parents remain the most important educators of young people in personal matters, and we welcome the opportunity to work in partnership with you to support their learning and wellbeing. Please do not hesitate to contact me at school if you have any questions or concerns.

Yours sincerely,

Mrs K Kimber
Assistant Headteacher