



AG33AT

September 2026

Dear Parent/Carers

English Schools Cross Country Cup – Wednesday 14 October 2026

Your child/ward has been selected to represent the school in the Merseyside round of the English Schools' Cross Country Cup. The event will take place on Wednesday 14 October at Arrowe Park starting at 2:00pm. We will leave school at 12:45p and travel in a hired coach. The competition is scheduled to finish at approximately 3:30pm. Please can you arrange to collect your child/ward from Arrowe Park (the small car park on Arrowe Brook Road) at 4:00pm.

The athletes will be given a running vest to compete in. They will also need school shorts/skort (or own running shorts if preferred), white socks and trainers or running spikes. They will also need their school tracksuit top/hoody, tracksuit bottoms and some other warm, waterproof clothing to wear before and after their race.

Students will need to bring a packed lunch and plenty to drink. If your child/ward is entitled to free school meals a 'grab-bag' can be ordered the day before the trip from the canteen for collection from 8am on the day of the trip. 'Grab-bags' may also be ordered to purchase.

If you consent to your child/ward taking part in this activity, please complete and return the pro-forma below. If they are unable to take part, it is important they let me know as soon as possible in order that a replacement can be found.

Yours sincerely,

Mrs A Goodall
Head of Physical Education



Pease return this reply slip to Mrs Goodall (PE Department)

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I give permission for my child/ward: Form:
to take part in the above event, travelling to the venue in a hired coach.

I will arrange to collect my child/ward from Arrowe Park at 4:00pm.

I confirm that the medical information and contact details provided are correct (these can be checked/
updated via your Arbor app).

Parent/Carer Signature: **Date:**

The school has a blanket School Journey Insurance policy in place to provide appropriate cancellation, curtailment, medical and personal possessions cover. This policy also carries very limited personal accident insurance cover for pupils. As the School will not be liable for any injury arising from incidents beyond our direct control, parents/carers may wish to consider purchasing their own personal accident cover to enhance the limited protection of this policy.

