



Subject:	Food, Nutrition and Cooking
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Head of Department:	Mrs Camborne-Paynter
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Year:	Eight
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Curriculum organisation
Students are taught in form groups of 18-22 students for two lessons per week. Pupils work on a carousel system and rotate between Food, Textiles and Product Design

What topics will your daughter be studying this year?	How will your daughter be learning?
<p>Theory is taught alongside various practical activities.</p> <p>Diet, health and choice</p> <ul style="list-style-type: none"> Recap and extend nutrition Starchy staple foods Starch based sauces – the process of gelatinisation Bread and the function of ingredients Food choice – religion, food allergy and intolerance, farming methods and animal welfare Seasonality Air miles and food waste 	<ul style="list-style-type: none"> Whole class discussion Pair work Problem-solving tasks Extended writing tasks Practical based activities Independent research and analysis

Equipment needed for lessons	What can you do to support your daughter?
<ul style="list-style-type: none"> Standard school stationery Calculator Ingredients and specialist equipment for practical activities 	<ul style="list-style-type: none"> Encourage her to go shopping with you Encourage her to cook at home either helping you or independently Watch topical and practical food programmes on the television together and talk about the subject matter Discuss how you think food products are made and what the ingredients contribute to the finished product.

How will learning be assessed and progress measured?	Extension & Enrichment opportunities
<ul style="list-style-type: none"> Baseline assessment in Autumn half-term 1 Students will peer-mark some exercises Practical outcomes made in school Key homework tasks will be graded using the WKGS Grading Criteria 	<ul style="list-style-type: none"> Lunchtime Design and Technology Seasonal Club Weekend enrichment opportunities offered through WKGS Gifted and Talented The department offers taster sessions for parents. Dates and details are published in Parents' newsletter.

If you have any questions about this Learning Overview, please contact the named Head of Department above.