



<b>Subject:</b>	Food, Nutrition and Cooking
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<b>Head of Department:</b>	Mrs Camborne-Paynter
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<b>Year:</b>	Seven
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<b>Curriculum organisation</b>
Students are taught in form groups of 18-22 students for two lessons a week. Pupils work on a carousel system and rotate between Food, Textiles and Product Design.

<b>What topics will your daughter be studying this year?</b>	<b>How will your daughter be learning?</b>
<p>Food, Nutrition and Cooking consists of two main units:</p> <p><b>Food safety, hygiene</b></p> <ul style="list-style-type: none"> <li>• Conditions for bacterial growth</li> <li>• Safe food preparation and storage</li> <li>• Basic equipment</li> <li>• Personal hygiene</li> </ul> <p><b>Healthy eating</b></p> <ul style="list-style-type: none"> <li>• The Eatwell Guide and recommendations for a healthy diet</li> <li>• Food groups and nutrients</li> <li>• Potential problems and health conditions associated with a poor diet and lifestyle</li> <li>• Food labelling</li> <li>• Sensory evaluation</li> <li>• Function of basic ingredients</li> </ul>	<ul style="list-style-type: none"> <li>• Whole class discussion</li> <li>• Pair work</li> <li>• Problem-solving tasks</li> <li>• Extended writing tasks</li> <li>• Practical activities</li> <li>• Independent research and analysis</li> </ul>

<b>Equipment needed for lessons</b>	<b>What can you do to support your daughter?</b>
<ul style="list-style-type: none"> <li>• Standard school stationery</li> <li>• Calculator</li> <li>• Ingredients and specialist dishes for practical activities</li> </ul>	<ul style="list-style-type: none"> <li>• Encourage her to go shopping with you</li> <li>• Encourage her to cook at home either helping you or independently</li> <li>• Watch topical and practical food programmes on the television together and talk about the subject matter</li> <li>• Discuss how you think food products are made and what the ingredients contribute to the finished product.</li> </ul>

<b>How will learning be assessed and progress measured?</b>	<b>Extension &amp; Enrichment opportunities</b>
<ul style="list-style-type: none"> <li>• Baseline assessment in Autumn half-term 1</li> <li>• Students will peer-mark some exercises</li> <li>• Practical outcomes made in school</li> <li>• Key homework tasks will be graded using the WKGS Grading Criteria</li> </ul>	<ul style="list-style-type: none"> <li>• Lunchtime Design and Technology Seasonal Club</li> <li>• Weekend enrichment opportunities offered through WKGS Gifted and Talented</li> <li>• The department offers taster sessions for parents. Dates and details are published in Parents' newsletter.</li> </ul>

If you have any questions about this Learning Overview, please contact the named Head of Department above.